



Junior JOCKS

Calling all young men ages 10 and up! Join Trainer Victor Hernandez in a variety of athletic activities to build agility, cardio vascular and strength.

Dates:

**Tuesdays and Thursdays, 4:30-5:30pm
January 12th – March 4th**

Cost: \$140

Single day \$70

**Additional
Brothers
\$60 Each**

Trainer:

**Victor
Hernandez**

Who:

**Young Men ages 10+
Non-Members Welcome!**



**Sign Up at the Front Desk
Today!**