



# PCC TRI TEAM

## WANNA TRI IT?

Renew your commitment to fitness and fun this summer with PCC's all new summer tri series. Add a challenge to your fitness routine with three triathlons right here at PCC. You'll learn the basics as well as tips and techniques to launch or enhance your triathlon career!

### TRI TEAM PACKAGE: \$135

- 3 practice triathlons at PCC
- Group training
- Tri Clinics – race day prep, strategy, transitions, getting into the tri circuit and more...
- PCC Tri shirt

### TRI DATES:

June 4, July 16, August 13

**Register today at the front desk**

**Email [Triteam@peninsulacovenant.com](mailto:Triteam@peninsulacovenant.com) for more information.**